

## 72-hour Emergency Preparedness Kit – Total value approx. 125\$

Items - Price 75\$ taxes included
Container (Bin)
Sealed bags to package items
First Aid Kit
Water purification tablets (50)
Rescue blanket
Toilet paper roll
Duct tape roll
Work gloves
Plastic sheeting
Biohazard Bag
Whistle
USB charger for car
Crank solar radio & flashlight
Multi-function pocket tool
Small container for keys
Face mask (5)
Hand sanitizer
Rag cloth
Candles (10)
Box of matches
Glow stick
Rope
Scissors
Pen
Notepad
Deck of cards

Tools included
'Vice-grip' pliers
Screwdriver multi head
Hammer
Adjustable wrench

Personal effects in addition to the kit
Water 4L per person per day for 3 days <i>replace water every 6 months</i>
Non-perishable foods in cans with can opener <i>replace food once a year</i>
Medical prescriptions <i>verify expiry dates every 6 months</i>
Tooth brush and tooth paste
Reserve cash
Duplicate car and house keys
Special items, example for babies

Documents to include in the waterproof envelope
List of family physicians
List of medical conditions or devices
Copies of important documents for the whole family (passport, health insurance numbers, etc.)
List of telephone numbers for family and friends

Kits must be ordered and prepaid at the Cocagne municipal office (506-576-2202), no later than **December 4, 2020**.

For more information, please contact the Pays de Cocagne Sustainable Development group at **506-576-8247**.

[www.ecopaysdecocagne.ca](http://www.ecopaysdecocagne.ca)